



Drug-Free Schools and Community Act

2014 Biennial Review

Table of Contents

Table of Contents	1
Introduction to The University of Texas at Austin	2
Core Purpose and Mission	3
Institutional	3
Departmental	3
Objectives of the Biennial Review	6
Alcohol and Drug Sanction Reporting	7
Inventory of Alcohol and Other Drug Policies, Programs and Services	8
Policy and Regulations	8
Prevention and Education	10
Intervention	15
Treatment and Recovery	17
Research	17
Assessment	18
Binder Materials	19
Alcohol and Other Drug Policies	19
Procedures for Distributing Written Alcohol and Other Drug Information	22
Recommendations	23

Introduction to The University of Texas at Austin

The University of Texas at Austin is one of the largest public universities in the United States and is the largest institution of The University of Texas System.

The university consists of 17 colleges and schools, about 24,000 faculty and staff, and more than 50,000 students. Founded in 1883, the university has grown to a 350-acre main campus with 169 buildings. The university's reach goes far beyond the borders of the main campus with satellite campuses and research centers across Texas, including the J.J. Pickle Research Campus, Center for Global Innovation and Entrepreneurship, Lady Bird Johnson Wildflower Center, Marine Science Institute, McDonald Observatory, and Brackenridge Field Laboratory.

The University of Texas at Austin is a rich learning community with varied opportunities to capture student interest and enrich the academic experience. The university has one of the most diverse student populations in the country including students from every U.S. state and more than 100 countries. There are more than 1,100 student organizations in which students can get involved. On any given day, a wide range of activities takes place on campus, including educational programs, cultural events, museum exhibits, entertainment performances and sporting events.

The City of Austin and surrounding community also contribute greatly to the enhancement of campus life. Indeed, considering that less than a quarter of the student body lives on campus, it is not surprising that this city, known as the "Live Music Capital of the World," plays an important role in providing extracurricular activities for its large college-age population. Austin is home to numerous restaurants, clubs, music venues, and dance and theater companies. The city boasts nearly 30,000 acres of city parks and miles of hike and bike trails providing ideal areas for student recreation and relaxation.

Alongside the myriad opportunities for students' academic and social success is the university's deep regard for their health and safety. Faculty, staff and administrators at The University of Texas at Austin recognize that risk-taking behavior is inherent in college-age students. Students typically are subject to a great deal of peer pressure, not only when it comes to social norms and activities involving alcohol or drug consumption, but with respect to a variety of other health-related behaviors, such as increased emphasis on fitness and appearance and stress related to academic pressures.

Texas laws regarding underage drinking are straightforward in prohibiting possession or consumption of alcohol by any person under the age of 21. Obviously, a large portion of the student population at the university is younger than 21 years old. If it were just a simple matter of law enforcement, the problem of underage drinking and use of controlled substances could be left entirely in the hands of police and other public safety officials, including The University of Texas Police Department (UTPD). However, the public health burden and individual harm associated with drug and alcohol abuse are multifaceted and require a corresponding approach.

The university recognizes that keeping students safe and healthy is the work of many entities on campus. This report outlines the efforts of a variety of campus institutions – often in partnership and collaboration with one another – to decrease the public health burden of alcohol and drug abuse and misuse. These entities include academic, nonacademic, research-based, administrative, athletic, and student affairs departments. The university's portfolio of varied alcohol and other drug programs reaches across a wide spectrum, encompassing research, policies, regulations, prevention, intervention, treatment and recovery.

Core Purpose and Mission

Institutional

Mission

The mission of The University of Texas at Austin is to achieve excellence in the interrelated areas of undergraduate education, graduate education, research and public service. The university provides superior and comprehensive educational opportunities at the baccalaureate through doctoral and special professional educational levels.

Core Purpose

To transform lives for the benefit of society.

Core Values

Learning – A caring community, all of us students, helping one another grow.

Discovery – Expanding knowledge and human understanding.

Freedom – To seek the truth and express it.

Leadership – The will to excel with integrity and the spirit that nothing is impossible.

Individual Opportunity – Many options, diverse people and ideas, one university.

Responsibility – To serve as a catalyst for positive change in Texas and beyond.

Student Honor Code

“As a student of The University of Texas at Austin, I shall abide by the core values of the University and uphold academic integrity.”

University Code of Conduct

“The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.”

Departmental

Each department within the university has as its mission the provision of services that will facilitate the fulfillment of the university’s mission and core purpose. Certain units and agencies focus their services on issues related to this report, particularly the following:

University Health Services

UHS’ mission is to provide health care and public health leadership to support students in reaching their optimal health so they can achieve their academic and personal potential. The Health Promotion Resource Center (HPRC) is a department within UHS that engages in research on students’ health behaviors and develops and implements prevention strategies to address these issues. HPRC provides programs and initiatives to help UT students make informed choices that can help reduce the harm and manage the risks associated with the use of drugs and alcohol.

HPRC staff collaborates with campus and community partners to implement environmental management strategies to reduce high-risk drinking. A major function of HPRC is to provide accurate and effective alcohol and other drug prevention and education, including the following: Think About It, an evidence-based online alcohol education and prevention program; BASICS, a mandated educational sanction for students who have violated the campus alcohol or drug policy; and education and training to personnel in numerous UT academic and service departments, such as residence hall coordinators and assistants, orientation advisors and programmers, academic advisors, Student Judicial Services (SJS) staff, UHS medical and medical support staff, and members of registered student organizations.

Division of Housing and Food Service (DHFS)

DHFS’ mission is to promote a positive living and learning experience for residents and staff at The University of Texas at Austin. DHFS conducts alcohol- and drug-related educational programming within residence halls to raise awareness of the resident population. Programming for all residence hall activities is designed to reinforce the value that effective social interaction can occur without the presence of alcohol and drugs, as well as to educate on the effects of alcohol and drug use.

UT Wellness Network

The mission of Wellness Network is working together to create a healthier UT. Wellness Network is a sustainable, campus-wide coalition that serves as a visible and credible resource for campus wellness and a source for information exchange. Wellness Network brings together advocates for health and wellness from across The University of Texas at Austin in order to share information, strategies and resources that support a healthy campus culture and a campus environment in which the healthy choice is the easy choice. The Wellness Network High-Risk Drinking Prevention Committee works to reduce high-risk drinking through research, campus and community partnerships, and recommending environmental management strategies and policy changes.

Counseling and Mental Health Center (CMHC)

CMHC helps students with their personal concerns so that they may better meet the daily challenges of student life. The university's Counseling and Mental Health Center provides a range of mental health services and offers short-term individual and group counseling for a wide range of issues, including alcohol and other forms of substance abuse. CMHC does not offer formal substance abuse treatment and is unable to provide medically supervised detoxification services; however, CMHC offers resource information for outpatient and residential treatment and provides formal substance abuse assessments with a licensed counselor. These clinicians provide education to assist students in making informed, intelligent choices that can help reduce the harm and manage the risks associated with the use of alcohol and other drugs. Education and guidance is also available to parents, faculty and staff.

Center for Students in Recovery (CSR)

CSR provides a supportive community where students in recovery and in hope of recovery can achieve academic success while enjoying a genuine college experience free from alcohol and other drugs. The Center provides ongoing that supports recovery such as the following: sober social activities, 12-step meetings, service and volunteer opportunities on campus and in the community, scholarships, peer and professional support, and academic advocacy. Membership in this inclusive community is free and accessible to all students.

Texas Athletics

As stated in The University of Texas Intercollegiate Athletics Strategic Plan, "Winning with Integrity," Texas Athletics is committed to aligning its vision, core purpose and values with those of the university. Specifically, the core purpose of Texas Athletics is "to prepare students to win with integrity—in academics, in athletics and in life."

Office of the Dean of Students (DoS)

DoS provides opportunities and experiences that support student learning and personal development. There are several areas within DoS that provide educational programming designed to bring awareness to alcohol- and drug-related issues. Following are departments within DoS:

Student Judicial Services (SJS)

SJS promotes appropriate standards of conduct for the university community. SJS is responsible for investigating alleged violations of institutional rules and for implementing the discipline process.

New Student Services (NSS)

NSS spearheads orientation for thousands of freshmen and transfer students each year, ensuring they successfully transition to campus and register for classes. The department also leads programs to promote student engagement, academic success and student leadership opportunities throughout the year.

Student Activities (SA)

Student Activities promotes student organization development, leadership opportunities, community service, co-curricular programming and risk management education.

Sorority and Fraternity Life (SFL)

SFL provides support, services, leadership opportunities and educational programs that assist the Greek-letter councils, chapters, officers and members in developing organizations that promote the principles of scholarship, leadership and service. This area of DoS serves as the university liaison to the Interfraternity Council, Multicultural Greek Council, Latino Pan-Hellenic Council, National Pan-Hellenic Council, Texas Asian Pan-Hellenic Council, University Panhellenic Council and Affiliate Group Member Organizations. Staff members are responsible for planning and implementing leadership development programs for these groups, as well as serving as advisors to the Councils.

Student Emergency Services (SES)

SES works with campus and community organizations to provide a number of services to assist students, and in some cases their families and friends, during an emergency or crisis situation. These services may include providing limited emergency funds, assistance with academic issues, outreach and advocacy for students, and coordination with other relevant UT Austin offices. This office does not provide counseling services but refers students in need of counseling to CMHC.

Student Veteran Services (SVS)

SVS is dedicated to providing veterans, military personnel and their family members with the support needed to make the most of their educational experience. SVS aims to equip student veterans with the tools they need to achieve their highest personal and academic potential. In order to provide student veterans with this support, SVS works closely with other departments on campus, as well as various community partners.

Employee Assistance Program (EAP)

EAP at The University of Texas at Austin serves to support the mental, emotional and physical well-being of faculty and staff and to promote the organizational health and effectiveness of the university community. EAP provides free short-term, confidential counseling consultations and referral services with an experienced staff of licensed psychologists and social workers to benefits-eligible employees, retirees and dependents. In these sessions, counselors assess needs and develop a plan with the individual for addressing those needs, either at the EAP, through a community provider or through other UT resources.

University Police Department (UTPD)

Founded in 1968, UTPD's mission is to serve and protect. The department has the same authority and responsibilities as most municipal police organizations and has challenges unique to a large, nationally recognized university community. UTPD employs more than 130 individuals interested in making a positive difference on campus. In keeping with its community-oriented policing philosophy, the department regularly partners with faculty, staff and students on crime-prevention and law-enforcement programs. UTPD is accredited through the Commission on Accreditation for Law Enforcement Agencies.

Objectives of the Biennial Review

Pursuant to the Drug-Free Schools and Communities Act, The University of Texas at Austin is required to establish a drug and alcohol prevention program for its students and employees. The Drug-Free Schools and Communities Act requires that an institution of higher education certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol for students and employees on school premises and as a part of its activities. The objective of this report is to document the university's alcohol and other drug efforts toward compliance with the Code of Federal Regulations, 34 CFR Part 86, The Drug-Free Schools and Communities Act.

Documentation in the report was achieved by compiling self-reported efforts from a variety of university agencies. University agencies were asked to review previous Biennial Reviews to provide updates, describe new policies and programs since the previous review, and make recommendations for future development of programming and services. The participating units were selected on the basis of their roles within the university community as they relate to interactions with the university staff and student populations for the purposes of the Biennial Review. The finalized report with compiled results of the self-studies will be provided to those units for their reference. Appropriate departments and agencies within the institution will review these recommendations with particular attention given by the Office of the Vice President for Student Affairs.

The 2014 Biennial Review is a summary of data for the 2012-2013 and 2013-2014 academic years. This Biennial Review includes the following:

1. Documentation of all alcohol and drug cases adjudicated at the institution and the accompanying sanctions issued for these violations.
2. Identification of methods in place to educate members of the university community about policies related to alcohol and drugs, and sanctions in place to enforce these policies.
3. Identification of alcohol and drug programming that occurs on the university campus.
4. Identification of resources and intervention assistance available to individuals.
5. Review of the university's alcohol- and drug-related policies, procedures, programming and intervention methods.
6. Recommendations for improving alcohol- and drug-related policies, procedures, programs and overall coordination.

Alcohol and Drug Sanction Reporting

As amended in the Higher Education Opportunities Act of 2008, the 2014 Biennial Review contains a list of all documented alcohol and drug cases adjudicated at the institution.

Student Judicial Services is a unit within the Office of the Dean of Students and administers the university's student disciplinary process. The office adopts a "risk management strategy" in dealing with alcohol and drug violations. Students found in violation of the university's rules pertaining to alcohol and drugs may be assessed a variety of sanctions and are often referred to the Health Promotion Resource Center and the Counseling and Mental Health Center as part of the disciplinary referral process.

During the 2012-2013 academic year, there were a total of 236 alcohol and 60 drug violations. During the 2013-2014 academic year, there were a total of 159 alcohol and 42 drug violations. The following tables illustrate the totals for alcohol and drug violations and the sanctions that were assessed. Please note that some students may have been found responsible for both alcohol and drug violations in the same incident, which would be reflected in both tables for the respective academic year.

2012-2013 ALCOHOL VIOLATIONS = 236	
Sanction	Total Assessed
Written Warning	117
Disciplinary Probation	102
Deferred Suspension	14
Suspension	0
Expulsion	0
Alcohol and Drug Education or Counseling	226
Community Service	0
Develop and Implement Educational Activity	0
Meeting with University Staff Member	1
Psychological Counseling or Assessment	1
Reflection Paper	21
Restitution	0
Suspension of Privileges	6
Other	0

2012-2013 DRUG VIOLATIONS = 60	
Sanction	Total Assessed
Written Warning	0
Disciplinary Probation	51
Deferred Suspension	9
Suspension	1
Expulsion	1
Alcohol and Drug Education or Counseling	53
Community Service	0
Develop and Implement Educational Activity	0
Meeting with University Staff Member	2
Psychological Counseling or Assessment	0
Reflection Paper	7
Restitution	0
Suspension of Privileges	36
Other	0

2013-2014 ALCOHOL VIOLATIONS = 159	
Sanction	Total Assessed
Written Warning	69
Disciplinary Probation	82
Deferred Suspension	7
Suspension	1
Expulsion	0
Alcohol and Drug Education or Counseling	150
Community Service	0
Develop and Implement Educational Activity	0
Meeting with University Staff Member	1
Psychological Counseling or Assessment	1
Reflection Paper	28
Restitution	2
Suspension of Privileges	3
Other	0

2013-2014 DRUG VIOLATIONS = 42	
Sanction	Total Assessed
Written Warning	0
Disciplinary Probation	38
Deferred Suspension	4
Suspension	3
Expulsion	0
Alcohol and Drug Education or Counseling	39
Community Service	0
Develop and Implement Educational Activity	1
Meeting with University Staff Member	1
Psychological Counseling or Assessment	0
Reflection Paper	3
Restitution	0
Suspension of Privileges	28
Other	0

NOTE: For both the 2012-2013 and 2013-2014 academic years, some students had concurrent alcohol and drug violations or multiple alcohol and drug violations in a short period of time that were resolved together. Additionally, some students may receive a combination of sanctions (i.e., a period of suspension followed by a period of disciplinary probation). Therefore, the totals for sanctions may not match the total number of violations.

Inventory of Alcohol and Other Drug Policies, Programs and Services

Following is an inventory of the university's varied alcohol and other drug-related actions and activities, including policies, regulations, prevention, intervention, treatment, recovery and research.

Policy and Regulations

Federal and state laws and [The Rules and Regulations of the Board of Regents of The University of Texas System](#) require The University of Texas at Austin to develop policies and enforce sanctions related to the abuse of alcohol and other drugs. These policies and sanctions are only one aspect of the university's initiative to develop a campus community in which alcohol and drugs do not impede the educational mission of the institution.

The University of Texas at Austin written [standards of conduct](#) clearly prohibit the unlawful possession, use or distribution of illicit drugs by students and employees on its property or as part of any university activity. The university's written policies include a description of applicable legal sanctions, health risks, and a description of alcohol and drug programs offered on campus. One exception to the general prohibition of alcohol use and consumption on campus would be those events for which official approval to serve alcohol (through licensed caterers) is granted by the provost. An additional exception would be possession of alcohol by students age 21 and over in the residence halls and at venues on campus providing alcohol to patrons, such as the Cactus Café & Bar in the Texas Union, the Alumni Center, and various venues on campus that employ the services of licensed caterers.

The University of Texas at Austin consistently enforces disciplinary sanctions for violations of standards of conduct related to alcohol and drug use. Following is a listing of relevant policies and regulations:

Student Discipline Process Dean of Students (DoS) Student Judicial Services (SJS)

SJS routinely receives reports of alleged violations of university rules from campus offices (e.g., University Police Department, Division of Housing & Food Service, Parking & Transportation Services, Information Technology Services, etc.), as well as individual faculty members and students. In response to such a report, SJS generally schedules a meeting with the student to discuss the suspected violation(s).

After meeting with the student and, if warranted, investigating the matter further, SJS staff may do one of the following:

- determine that no further action is necessary and/or dismiss the allegation(s) as unsubstantiated; or
- based on the greater weight of the credible evidence, find the student responsible for violating university rules, and then present an administrative disposition, which outlines the violation and the sanction.
- If the proposed sanction does not include suspension, expulsion, or suspension of rights/privileges, the student may accept the administrative disposition as the final outcome or appeal the violation and sanction decision outlined in the administrative disposition to the vice president for student affairs.
- If the proposed sanction includes suspension, expulsion, or suspension of rights/privileges, the student has the option of either accepting the administrative disposition or having the case presented at a university hearing.
- If the student accepts an administrative disposition to resolve the case, the student may appeal only the sanction to the university president.
- If the matter is resolved through a university hearing, a hearing officer appointed by the president presides over the proceeding. An SJS staff member presents evidence and witnesses and the student may also present evidence and witnesses. The hearing officer then determines if the evidence supports a finding of violation and, if applicable, will assess a sanction. The student and/or the dean of students may appeal the hearing officer's decision to the university president.

Assessed sanctions vary with the circumstances, including the nature of the violation(s). Sanctions can include, but are not limited to the following: written warning, disciplinary probation, alcohol and other drug education programs, suspension of rights/privileges, restitution, community service, counseling, grade-related sanctions (only in cases of academic dishonesty), bar against readmission, deferred suspension, suspension or expulsion.

Residence Hall Institutional Rules on Student Services and Activities

**Division of Housing and Food Service (DHFS)
Office of the Dean of Students (DoS)**

The Office of the Dean of Students delegates disposition of residence hall violations to the Division of Housing and Food Service under [Section 11-201, Appendix C, Institutional Rules on Student Services and Activities](#). All division and university regulations concerning residence hall living are within the jurisdiction of housing staff members. All other violations, including residence hall violations by students who live off campus, are referred to the Office of the Dean of Students.

Residence Hall Student Discipline – Drug-related Cases

**Division of Housing and Food Service (DHFS)
Office of the Dean of Students (DoS)**

While student discipline is handled internally in DHFS, there are several types of cases that are automatically referred to the Office of the Dean of Students. Types of these cases include all drug-related cases (marijuana and other illegal substances) (Housing Policy 9.12) and any activities that endanger the health and safety of residents. DHFS staff members assist in gathering information for these cases, where appropriate. Discipline in DHFS is based on a model of educational responsibility. Policies are written in the interest of basic standards of conduct in the community, and on resident safety and student development. Educational sanctions are applied to violations of policy to assist students in their development and recognition of their behavior's impact on the community, and to help them understand the policies and why they exist. It is not a system designed to punish residents.

Big 12 Conference and National Collegiate Athletic Association (NCAA) Rules Texas Athletics

In addition to any criminal penalties that may be involved, emphasis on punitive aspects of problems in this area comes from university regulations and NCAA and Big 12 Conference rules. The university and the Big 12 Conference perform mandatory random drug tests on university student-athletes. The NCAA and various other athletic federations also are involved in this type of testing. Student-athletes who test positive for banned substances in a university-administered test are subject to counseling and other university-imposed sanctions. Student-athletes who test positive for banned substances (other than marijuana) on an NCAA- or Big 12-administered test are suspended from intercollegiate sports for one year. Positive first tests for marijuana result in a suspension for 50 percent of a season, with a subsequent positive test resulting in a full-calendar-year suspension. Student-athletes are required

to acknowledge and consent to Big 12 and NCAA drug testing policies and procedures annually as a requirement of participation in intercollegiate athletics.

Institutional Drug Testing, Student-Athlete Manual

**Texas Athletics – Intercollegiate Men's Athletics/
Intercollegiate Women's Athletics (IAM/IAW)**

Student-athletes are required to acknowledge and consent to institutional drug testing policies and procedures annually as a requirement of participation in intercollegiate athletics. Texas Athletics conducts a required orientation for all incoming student-athletes annually, during which the Student-Athlete Manual is reviewed and distributed. The manual includes content regarding drug education, the drug-testing program, banned substances lists, and implications for positive tests. The manual is also referenced in required annual forms acknowledging various student-athlete policies (e.g., code of conduct).

Dry Recruitment Policy

Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)

The Interfraternity Council (IFC) adopted a “dry recruitment policy” for all fraternities at the university. This means that no alcohol is to be used or present during any recruitment function whether it is one-on-one or in a large group. Likewise, the University Panhellenic Council adheres to the National Panhellenic Council Unanimous Agreement that prohibits alcohol involvement with any sorority recruitment function.

University Panhellenic Council Bylaws

Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)

The University Panhellenic Council (UPC) approved and updated its bylaws regarding the Council's Social Affairs Guidelines, which include Community Alcohol Education Standards and Rules Regarding Events.

Student Amnesty for Alcohol Emergencies

University Health Services (UHS)

Office of the Dean of Students (DoS) – Student Judicial Services (SJS)

Student Amnesty for Alcohol Emergencies applies to current UT students and allows them to avoid formal university disciplinary action or the creation of a formal disciplinary record when they call 911 for help with an alcohol medical emergency. Student Amnesty for Alcohol Emergencies applies in the case of the following: possession of alcohol by a minor, unauthorized possession or use of alcohol on campus, consumption of alcohol by a minor and intoxication as a result of using alcohol. Amnesty may be granted to the

UT student(s) calling for help, as well as the student who is experiencing the medical emergency. [Student Judicial Services](#) deems students appropriate for amnesty when they are referred for alcohol-related incidents. There are limitations to this program and inclusion in the program is not automatic.

Institutional Rules on Student Services and Activities, Chapter 6: Student Organization Manual

Office of the Dean of Students (DoS) – Student Activities (SA)

Student Activities is responsible for making student organizations aware of relevant university rules and policies through the resources offered on the Student Activities website.

Pre-Event Planning Form and Event Planning Consultation Protocol

Office of the Dean of Students (DoS) – Student Activities (SA)

The Pre-Event Planning Form serves as a tool for SA staff, enabling them to more effectively advise student organizations regarding risk management and university policies. One of the checkpoints on the form addresses alcoholic beverages and includes a reminder that alcoholic beverages are permitted in university facilities, athletic facilities, or public areas on campus only under very strict constraints, normally requiring approval of the provost. While the current effort to support event preplanning applies only to events on campus, SA hopes eventually to develop a preplanning event form for off-campus events as well, where the potential for high-risk behavior may be much greater.

Tobacco-free Campus Policy

On April 9, 2012, The University of Texas at Austin became a tobacco-free campus. The use of any tobacco products is prohibited in university buildings and on university grounds within the state of Texas, including parking areas and structures, sidewalks, walkways and university owned buildings. The full text of the policy including the definition for tobacco products and approved exceptions is available on the [University Policies website](#).

Prevention and Education

The university places considerable emphasis on prevention programs, teaching basic behavioral skills, increasing awareness of the dangers of high-risk behavior, and aiming to shift social norms and correct misperceptions about what risk behaviors students are actually engaging in. Following is a listing of relevant prevention and education initiatives.

Academic Course EDP 369K Peer Helping: Process and Concepts

Office of the Dean of Students (DoS) – New Student Services (NSS)

Orientation advisors must complete Educational Psychology course EDP 369K Peer Helping: Process and Concepts, a three-credit hour, upper-division elective course that teaches core competencies around campus safety, alcohol use and abuse, and interpersonal violence. The course also provides facilitation training for peer-to-peer discussions with incoming students on alcohol awareness and the associated risks, campus and community resources, and university policies.

Academic Course EDP 369K Sorority and Fraternity Leadership Issues

Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)

Fraternity and sorority members of organizations affiliated with SFL are eligible to take a three-credit hour Educational Psychology course called EDP 369K Sorority and Fraternity Leadership Issues. This upper-division class is designed to facilitate the development of leaders within university fraternities and sororities. Through discussion and the shared experiences of class members, particular attention is given to the leadership challenges that exist in the university fraternity and sorority community. In addition to covering the broad concepts of leadership, the class focuses on skill development in some of the following areas: community building, risk prevention and management, and community service.

Risk Management Education Program

Office of the Dean of Students (DoS)

Authorized representatives of more than 600 student organizations participate in this risk management education program mandated by the Texas Legislature in [House Bill \(HB\) 2639](#). Participants are trained annually in safety and risk management. The representatives are required to view nine online modules. Specifically, two of the modules available at the online training hub called [Alcohol Use and Abuse](#) educate on risks associated with alcohol and drugs. Additionally, these students complete a learning assessment and participate in an in-person risk management workshop. After completing their individual training, the authorized

representatives must educate and train their organizations' full membership on risk management topics. All training materials and procedures, including the modules, have been developed and are annually updated by DoS Program Safety Education Services staff.

Athletics Exit Interviews **Texas Athletics**

Texas Athletics Student Services staff members conduct exit interviews of student-athletes. The exit interviews pertain to athletics, academics and social experiences at UT. Information gathered allows Texas Athletics staff to remain current with alcohol and substance abuse issues and trends, and to develop educational programs and interventions as needed.

Athletics Sports Medicine **Texas Athletics**

Texas Athletics Sports Medicine staff members conduct regular educational meetings with all student-athletes regarding alcohol and substance abuse. These sessions include reviews of institutional, Big 12 and NCAA drug testing policies and procedures as well as the implications for positive tests. Other methods of timely education (e.g., pamphlets in common areas) are also provided throughout the year. Departmental sports medicine personnel and nutritionists reinforce the need to check with staff on nutritional supplementation and food products before use.

Athletics Risk Management and Compliance Services **Texas Athletics**

Texas Athletics Risk Management and Compliance Services staff members conduct regular educational meetings with all student-athletes regarding institutional, Big 12 and NCAA drug testing policies and procedures as well as the implications for positive tests. Other methods of timely education (e.g., student-athlete newsletters) are also provided throughout the year, which include example cases and current events involving student-athletes at other institutions.

Brief Alcohol Screening and Intervention for College Students (BASICS) Program **University Health Services (UHS) – Health Promotion Resource Center (HPRC)**

Listed on the United States Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidence-based Programs and Policies, the BASICS program uses motivational interviewing techniques to assist students with reducing alcohol-related harm. While most participants are mandated to take the class by Student Judicial Services (SJS), no referral is necessary to participate.

BASICS is an opportunity for students to examine their drinking behavior and learn individualized strategies to reduce alcohol-related consequences that can negatively affect their personal and academic success at The University of Texas at Austin. BASICS consists of two sessions that each last an hour. The first session is conducted in a group or individual format between the student and a BASICS facilitator where the facilitator provides educational information about alcohol and its effects along with leading a discussion about perceptions of alcohol, motivations for drinking and negative consequences. After finishing the first session, students complete a brief survey that asks questions about drinking behaviors, perceptions of alcohol use on campus, strategies they currently use to reduce risk of alcohol-related harm and any negative effects of their alcohol use.

The second session is conducted in an individual format where the student receives his or her feedback report and the facilitator discusses the report with the student. Students learn how their drinking compares with other students on campus and collaborate with the facilitator to examine their relationship with alcohol and protective strategies that the student feels would be useful for reducing alcohol-related consequences. The facilitator uses motivational interviewing techniques to help students identify positive changes that reduce risk and fit within the context of the student's environment and personal goals.

BASICS replaces the CHOICES alcohol abuse prevention program. The transition to BASICS was informed by demonstrated efficacy of the program at peer institutions. BASICS allows UHS to conduct a more individualized and interactive program where students are able to provide information and context concerning their drinking habits and experiences. The combination of reflection and instituting specific protective strategies allows the student to articulate a reason for changing behavior and specific mechanisms for realizing that change. During its 2013-2014 pilot year, 106 students completed the BASICS program, and evaluation results indicate that participants have decreased their typical peak blood alcohol concentration along with their experience of negative alcohol-related consequences.

Campus Issues Program **Office of the Dean of Students (DoS) – New Student Services (NSS)**

All new students at freshman orientation are highly encouraged to participate in a campus issues program that addresses alcohol use and abuse among college students. The program, a collaborative effort with NSS, the Counseling and Mental Health Center (CMHC), the University Health Services Health Promotion Resource Center (HPRC) and the University Police Department, is presented in a play format. Immediately following the program, orientation advisors facilitate a group discussion

concerning the program's content. These sessions provide students with the most updated statistical information regarding alcohol use among college students, address common myths and misconceptions regarding alcohol consumption, and review laws and university policies regarding alcohol and other drugs, as well as the dangers of high-risk behavior. New students are encouraged to ask questions and express their views on use of alcohol and other drugs. NSS compiles informal and formal feedback from orientees and, based on feedback, augment some of the characters and situations in the play for future Campus Issues Programs. At the conclusion of orientation, students are given a "Campus Issues Resources" business card with campus, community and nationwide resource contact information.

E-Bus Parking and Transportation Services (PTS)

The Eating and Entertainment Bus (E-Bus) is a service provided by Capital Metro in conjunction with PTS and the Austin Police Department. The E-Bus provides free shuttle rides to and from the university, the East Riverside area, and the downtown Austin entertainment district. The E-Bus operates every Thursday, Friday and Saturday night during the long semesters while classes are in session.

Employee Training Employee Assistance Program (EAP)

The EAP staff makes a variety of presentations and provides numerous training programs, including the following topics:

- Overview of EAP & Work/Life Balance Services
- [Stress Management: Relaxation Breathing and Meditation](#) (in English and Spanish)
- [Safety in the Workplace and the Behavior Concerns Advice Line](#) (BCAL)
- [Manager Tools for Responding to Distress and Disruption in the Workplace](#) (for supervisors/managers)
- [Words Matter at UT](#)

Family Orientation Marketplace Office of the Dean of Students (DoS) – New Student Services (NSS)

Information on alcohol and drugs is made available to parents and family members during the Family Orientation Marketplace on the first day of each summer freshman orientation session.

Fraternal Information and Programming Group Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)

SFL staff members are frequently asked to speak with organizations about party procedures and often discuss

risk management and the Fraternal Information and Programming Group procedures, which the majority of our Greek-letter organizations follow.

Healthhorns Peer Educator Program University Health Services (UHS) – Health Promotion Resource Center (HPRC)

Peer educators help their peers learn to make responsible choices about their health, including the use of alcohol and other drugs. Peer educators in the program can gain up to five hours of upper-division elective academic credit and complete at least 70 community service hours over three semesters. The program is open to all students, and students must commit to three academic semesters. Peer educators receive training about basic knowledge, bystander intervention strategies and campus policies and resources as they pertain to alcohol and other drugs. They also contribute to the development of campus-wide prevention initiatives.

Healthhorns Study Natural (Prescription Stimulant Misuse Prevention Initiative) University Health Services (UHS) – Health Promotion Resource Center (HPRC)

The misuse of prescription stimulants or "study drugs" has increased among students at UT in the last five years. Research indicates that students believe these drugs to be safe and often do not consider the behavior of buying, selling or sharing these prescription medications to be illegal or "wrong." A comprehensive health promotion initiative was developed to prevent this behavior. The initiative includes a social marketing campaign that normalizes studying natural (without taking stimulants) and raises awareness about the negative side-effects of misusing prescription stimulants. A partnership was formed between UHS, Student Judicial Services (SJS), and the Division of Housing and Food Services to train resident assistants how to identify and report suspected misuse of stimulants. Another partnership was formed with the Sanger Learning Center to redirect students to study tips and services instead of stimulant misuse. Finally, in partnership with the Forty Acres Pharmacy, patients receiving prescriptions for stimulants are educated on how to protect their prescription and what to say if they are approached by other students to share their pills. A three-year longitudinal research study about misuse and abuse of prescription medications on campus informs ongoing campaign development and distribution.

High-Risk Drinking Prevention Committee UT Wellness Network

The High-Risk Drinking Prevention Committee, part of Wellness Network, is made up of faculty, staff and students from around campus who are committed to researching, recommending and implementing environmental management strategies to prevent high-risk drinking.

Individual AOD Consultations Counseling and Mental Health Center (CMHC)

Students speak privately and confidentially with a licensed counselor specializing in substance abuse about their own or someone else's use of alcohol, tobacco and/or other drugs. Sessions are conducted in a caring, non-judgmental atmosphere. No referral is required, and follow-up sessions are available.

Individual Marijuana Consultations Counseling and Mental Health Center (CMHC)

CMHC offers individual marijuana assessment and education, which is available to all currently enrolled UT students. Licensed counselors facilitate the one-on-one confidential session. The program is designed to assist students in examining their choices and behavior in a non-judgmental and confidential environment. Although students may participate because they would like to learn strategies to reduce use or quit altogether, participation may also satisfy university judicial requirements for marijuana-related violations. Students review their marijuana use patterns, history and related issues, and select goals that aim to reduce risky behaviors and negative consequences. Students also receive personalized feedback focusing on ways to reduce future health, social and legal risks.

Interfraternity Council (IFC) Judicial Board Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)

The Interfraternity Council Judicial Board serves as its main purpose of upholding the IFC Constitution, which includes policies governing organizational behavior related to risk management and alcohol, as well as an internal code of conduct. The following are examples of adjudicated issues: alcohol at recruitment events, serving alcohol to minors, and co-sponsoring a function with an alcohol distributor.

Know Your Line Campaign University Health Services (UHS) – Health Promotion Resource Center (HPRC)

Know Your Line is a grant-funded social norms marketing campaign aimed at reducing high-risk drinking among students, shifting the cultural norm towards an environment that supports more responsible use of alcohol and decreasing misperceptions about alcohol use. Know Your Line aims to promote the fact that the majority of UT students drink moderately. The campaign uses social media and campus outreach events to engage students. Assessment and evaluation are also integral parts of the initiative.

Marijuana 101 University Health Services (UHS) – Health Promotion Resource Center (HPRC)

Marijuana 101 provides in-depth, personalized feedback about a student's attitudes, behaviors, and risk levels related to marijuana use. The program can be completed by self-referral or mandated by Student Judicial Services. Lessons provide an overview of marijuana's effects on the body, the laws related to marijuana, and how to reduce or stop marijuana use. Other information includes the following:

- Regularity and patterns of marijuana use
- Amount of time spent smoking marijuana compared with other activities
- Time and money spent on marijuana
- A comparison between your use of marijuana and other UT students' marijuana use
- Negative consequences of marijuana use
- Readiness and confidence to make change
- Links to campus and community resources

“The Perfect Party” Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)

The University Panhellenic Council sponsors an event titled “The Perfect Party” each spring. At this event, organizations hear from professional speakers on the topics of safety and event management. In the past, officers from the University Police Department, Austin Police Department and the Austin Fire Department have been in attendance to explain policies and proper procedures.

Phanta “Jack” Phoummarath Endowed Scholarship Texas Exes University Health Services (UHS) – Health Promotion Resource Center (HPRC) Office of the Dean of Students (DoS)

The Phoummarath Scholarship is awarded annually by the Texas Exes ex-students' association to a student who demonstrates interest in reducing high-risk drinking on campus. The scholarship was created in honor of Jack Phoummarath, a Texas student who passed away due to alcohol overdose as part of a fraternity hazing incident. The scholarship recipient must participate as an active member of the UHS Healthyhorns Peer Educator program and the DoS Safety Peer Educator program. The scholarship recipient must also create a project that helps prevent high-risk drinking among university students and promote Jack Phoummarath's story throughout campus.

Quality of Life Survey **Division of Housing and Food Service (DHFS)**

DHFS conducts the Quality of Life Survey every other year. The survey asks students to indicate their perceptions of and interactions with drug and alcohol use. Information gathered is used to determine if programming meets the needs of students and to modify future alcohol and drug education programs as appropriate.

Residence Life Educational Programming **Division of Housing and Food Service (DHFS)**

Residence Life staff focus programming in the residence halls on a variety of life skills, one of which is alcohol and other drug awareness. Additionally, DHFS conducts large-scale programs designed for the entire campus to attend. Of these large-scale programs, a program in October is set aside specifically for substance abuse awareness. Residence Life staff are asked to evaluate content of alcohol- and drug-related programs.

Sorority and Fraternity New Member Orientation **Office of the Dean of Students (DoS) – Sorority and Fraternity Life (SFL)**

Each fall, SFL requires all new members of Greek-letter organizations affiliated with SFL to attend New Member Orientation, a program that challenges them to accept the responsibilities of sorority/fraternity membership, with special attention given to alcohol, drug, hazing and sexual assault issues.

Student-Led Workshops **University Health Services (UHS) – Health Promotion Resource Center (HPRC)**

Residence halls, First-year Interest Groups, academic classes, Greek organizations, or any other student group or organization can request and receive free peer educator-led workshops on various topics related to the use of alcohol and other drugs.

Student Veteran Services' Programs and Resources **Office of the Dean of Students (DoS) – Student Veteran Services (SVS)**

SVS provides resources to student veterans including: Student Veteran Center, a lounge and meeting space where student veterans can study, socialize and relax between classes; Student Veteran Association, a registered student organization that promotes and represents the interests of student veterans on campus; From Soldier to Student, a program that provides information for student veterans on transitioning from military to college life, including referrals to CMHC; Veteran Sponsorship Program, which is designed

to facilitate connections between current and incoming student veterans; and Veterans Integration To Academic Leadership (VITAL), a veteran-centered, results-oriented collaboration between the Central Texas Veteran Health Care System, the University of Texas at Austin and other institutions of Higher Education in the Central Texas area.

Think About It **University Health Services (UHS) – Health Promotion Resource Center (HPRC)**

The University of Texas at Austin joined other top schools in the country in offering Think About It, an online alcohol and healthy relationships education program that first-year and incoming transfer students under the age of 21 must complete during their first semester at the university. Designed to empower students, this two-part program helps students to make well-informed decisions about alcohol, drugs and relationships, as well as how to appropriately respond to the drinking behavior of peers.

The university transitioned from using the AlcoholEdu online program to Think About It in August 2014 in order for students to not only learn about alcohol and drugs but the interplay between alcohol and drugs with relationships and sexual violence. By providing this comprehensive framework, Think About It is able to contextualize high-risk situations and impart knowledge about how to manage these situations in ways that reduce risk to themselves and fellow students. This leads to an educational experience that is more engaging for students and provides them with actionable knowledge they can use throughout their college and post-college career.

Think About It: Alcohol (Sanctions Module) **University Health Services (UHS) – Health Promotion Resource Center (HPRC)**

Think About It: Alcohol is an online course (approximately 30 minutes long) designed specifically to help students who have violated campus alcohol policies to make safer and healthier choices and to avoid experiencing alcohol-related problems again. The course provides a strong educational foundation to support campus judicial programs and is an essential component of a comprehensive alcohol prevention initiative. The Think About It: Alcohol sanctions module engages students by integrating prevention techniques with non-judgmental, interactive alcohol education. It provides a highly personalized and customized educational experience where students are exposed to relevant college scenarios such as drinking games and college parties and asked to make decisions about reducing potential risk in these scenarios. The program is knowledge- and skill-focused, as the program covers standard drink size and physiological effects of alcohol at different blood alcohol concentrations, along with how to resist pressure to drink and manage high-risk situations.

Trainings by Health Promotion Professionals and Prevention Specialists

University Health Services (UHS) – Health Promotion Resource Center (HPRC)

Health promotion professionals are available to provide free lectures, workshops and trainings related to the use of alcohol and other drugs to academic classes, professional colleagues and student groups.

University Unions Social Events

University Unions

University Unions requires that university police be present for all parties or social events held in the Texas Union or Student Activity Center at which alcohol is served. After reviewing a reservation request, University Unions has the right to require additional security officers for any event. The Security Request Form (available online) includes an item to indicate whether alcohol is being served at the event. Registered Student Organizations (RSOs) may NOT serve alcohol at their events.

uRide Safe Ride Program

Parking and Transportation Services (PTS)

Student Government

PTS and Student Government began a pilot program in fall 2014 called Safe Ride that gets university students home from the downtown entertainment district after midnight. The program is designed to give students a safe and convenient way to get home late at night. Riders are dropped off at residential locations such as homes, apartments, condos and residence halls. Rides will be provided at no charge.

Intervention

Strong efficacious interventions are included in the universities comprehensive approach to drugs and alcohol. These programs and services facilitate early detection and reduction of potential harm from alcohol and drug misuse and abuse. Following is a listing of intervention services.

Behavior Concerns Advice Line (BCAL)

Office of the Dean of Students (DoS)

Counseling and Mental Health Center (CMHC)

Employee Assistance Program (EAP)

University Police Department (UTPD)

BCAL is a phone line, available 24 hours a day, seven days a week that individuals can call regarding concerns related to a member of the UT community. An individual can either call the line or report their concerns using the online submission form. These concerns can be addressed through information, resources and, if needed, intervention.

CMHC Crisis Line

Counseling and Mental Health Center (CMHC)

CMHC Crisis Line is a confidential service of CMHC that offers an opportunity for university students to talk with trained counselors about urgent concerns. This service is available 24 hours a day, every day.

HealthPoint Employee Assistance Program (EAP)

UT Human Resources

The EAP counsels individuals with alcohol and drug problems and makes referrals to appropriate agencies for intervention. Any staff or faculty member currently covered by university health benefits may use the services. The EAP serves employees, retirees and eligible dependents of the main campus, The Pickle Research Center, Applied Research Laboratories, Marine Sciences Institute at Port Aransas, McDonald Observatory and the UT System Office. The EAP assists staff, faculty and their dependents with personal and workplace issues, including substance abuse, emotional and psychological issues, relationship and family concerns, job stress, crisis debriefing, and stress management. The EAP also provides consultation on fitness for duty (employee impairment and safety) and threat assessment.

Tobacco Cessation Programs and Resources

University Health Services (UHS) – Health Promotion Resource Center (HPRC)

Counseling and Mental Health Center (CMHC)

The University of Texas at Austin supports its employees and students who want to quit using tobacco products by offering tobacco cessation programs at no or low cost.

For students:

- Quitters Class – CMHC offers the Quitters smoking cessation program, which is a free, four-class program for currently enrolled students and is facilitated by a licensed counselor.
- Healthyhorns Quitters Mobile – UHS offers a mobile and web-based program to support members of the university community in their effort to quit smoking.
- Students may make an appointment with a UHS medical provider if they are interested in discussing the use of prescription medication to assist in quitting tobacco.

For staff and faculty:

- The UT Select insurance plans from the UT System Office of Employee Benefits covers tobacco cessation counseling using network providers and nicotine replacement therapy or non-nicotine medications with authorized prescription with no copayment or deductible.
- The Employee Assistance Program (EAP) is available to assist employees with identifying successful quitting strategies.

For employees and students who do not want to quit but need help to feel more comfortable at work or during class on our tobacco-free campus, nicotine replacement therapy such as gum, lozenges or patches may be purchased in several campus convenience stores or the university's on-campus Forty Acres Pharmacy.

Veterans Integration To Academic Leadership (VITAL)

Office of the Dean of Students (DoS) – Student Veteran Services (SVS)

VITAL is a veteran-centered, results-oriented collaboration between the university, Central Texas Veteran Health Care System and other institutions of higher education in Central Texas.

For student veterans:

- Counseling for adjustment, stress, anger, depression, sleep problems, anxiety, PTSD and alcohol and drug dependence issues
- Referral to VA, university, and community mental health and recovery services
- Referral to and working with university disability services to request academic accommodations
- Support with university processes regarding academic actions and/or conduct issues
- Assistance with enrollment and care at local VA health care facilities
- Assistance obtaining resources from the VA and its affiliates

- Help in obtaining assistance devices such as hearing aids and screen readers

For faculty and staff:

- Education about veteran- and military-specific issues
- Training in military and veteran culture
- Consultation on veteran-specific issues that impact performance and retention

Treatment and Recovery

The University of Texas at Austin offers robust services to support treatment and recovery from drug and alcohol abuse. Programs and services at the university have received state and national recognition and serve as a model for other institutions. Following is a listing of treatment and recovery services.

Crisis Services and Same Day Appointments Counseling and Mental Health Center (CMHC)

Often issues related to high levels of alcohol use result in the need for mental health care that is timely and available without a prior appointment. Each day the center is open, a team of clinicians is available for students who require crisis and same day appointments. All care is coordinated with both inpatient and outpatient treatment recommendations.

Recovery Peer Support Center for Students in Recovery (CSR)

CSR aims to strengthen and enrich students' recovery from addiction to alcohol and/or other drugs through peer support, sober social activities, and service and volunteer opportunities. Students who are in recovery as well as those interested in experiencing, exploring and understanding recovery are welcome. CSR is not a treatment facility and does not offer clinical services. Students can be connected to recovery-related resources including safe and sober living, additional community support groups and inpatient or outpatient treatment. Participation in CSR events and recovery supportive activities is free and available to students at any point in their recovery journey.

Student Emergency Fund Office of the Dean of Students (DoS) – Student Emergency Services (SES)

The Student Emergency Fund, facilitated by SES, is a means to help students facing financial emergencies that may include medical costs (e.g., treatment, therapy, health care, etc.) or other necessary, basic needs.

Research

Research into the chemical and genetic causes of alcoholism and addiction is shifting the view of alcohol and drug dependence away from a strictly moral or social problem. With its strength in neuroscience and recent initiatives in molecular biology, The University of Texas at Austin has become a national leader in this field through a wide range of academic approaches.

Center for Social Work Research (CSWR)

CSWR was founded in 1974 to provide an environment that facilitates interdisciplinary, scientifically rigorous research endeavors. CSWR has since expanded to a nationally recognized research center whose faculty members and researchers are known for their expertise in the areas of substance abuse, child welfare, poverty and welfare reform, domestic violence, mental and behavioral health, and related topics. CSWR is the umbrella for several institutes that provide expertise in research methodology and/or training related to a specific social work topic or specialization, including these related to alcohol and other drugs:

- **Addiction Research Institute (ARI)**
ARI focuses on issues related to substance use disorder prevalence, treatment, and long-term healthy functioning free from addictions, particularly among under-served population.
- **Health Behavior Research and Training Institute (HBRT)**
HBRT specializes in the development and implementation of interventions addressing behavior change using the Transtheoretical Model (TTM) and Motivational Interviewing (MI). Intervention research has targeted HIV and safer sexual practices; behavior affecting prenatal health; use of alcohol, cocaine, and tobacco; STI testing; and fetal alcohol spectrum disorder. The HBRT has a history of providing training on the TTM, MI and evidence-based intervention and prevention approaches, with recent emphasis on teaching health care providers to use brief motivational interventions in medical settings.
- **The Texas Institute for Excellence in Mental Health**
The Texas Institute for Excellence in Mental Health is a multidisciplinary collaboration focused on improving the social, emotional and behavioral health of Texans. The scope of the Institute's effort includes evidence-based practice implementation, workforce training and technical assistance, research and evaluation, policy and program development, and information dissemination.

Addiction Science Research and Education Center (ASREC)

ASREC within the College of Pharmacy is a group of scientists at the university whose mission is to communicate the latest findings in addiction science to the public in terms that make the message easy to understand.

Waggoner Center for Alcohol and Addiction Research

By investigating the molecular basis of nerve cell sensitivity to alcohol and anesthetics, the Waggoner Center aims to provide humanity with a better understanding of the disease of alcoholism, leading ultimately to effective early warning, treatment and a cure. At the Waggoner Center, university scientists are identifying interacting genes and the role they play in alcohol and other chemical dependencies. This work is complemented by research in related aspects of alcohol and other addictions in the Colleges of Natural Sciences, Liberal Arts and Pharmacy

Assessment

Numerous assessments are conducted to determine the effectiveness of alcohol and drug programs offered to staff or students on campus. The assessment tools used at The University of Texas at Austin evaluate the effectiveness of specific alcohol and drug programs at a given point in time (i.e., was a particular program effective and did participants benefit from the program?). Additionally, trends in attitudes and behaviors around drug and alcohol use are tracked yearly. Assessment efforts are rounded out by the premier research being conducted by faculty in a number of departments and schools across campus.

Binder Materials

Alcohol and Other Drug Policies

What You Need to Know: Campus Security and Crime Awareness and A Drug Free University

- A Drug Free University – Standards of Conduct and Institutional Disciplinary Sanctions
- A Drug Free University – Health Risks of Alcohol and Drugs
- A Drug Free University – State and Federal Penalties, University Rules and Regulations
- A Drug Free University – Available Drug or Alcohol Counseling or Rehabilitation Services

Texas State Government Code

- Alcoholic Beverage Code: Title 4. Regulatory and Penal Provisions – Chapter 101. General Criminal Provisions
- Alcoholic Beverage Code: Title 4. Regulatory and Penal Provisions – Chapter 106. Provisions Relating to Age
- Health & Safety Code: Title 2. Health – Subtitle H. Public Health Provisions – Chapter 161. Public Health Provisions
- Labor Code – Chapter 411. Workers' Health and Safety – Subchapter G. Policy for Elimination of Drugs in the Workplace
- Health & Safety Code: Title 6. Food, Drugs, Alcohol, and Hazardous Substances – Subtitle C. Substance Abuse Regulation and Crimes – Chapter 481. Texas Controlled Substances Act
- Government Code – Title 10. General Government – Subtitle C. State Accounting, Fiscal Management, and Productivity – Chapter 2113. Use of Appropriated Money – Subchapter A. General Provisions

The Rules and Regulations of The University of Texas System Board of Regents

- Series 30601 – Discipline and Dismissal of Classified Employees
- Series 50101 – Student Conduct and Discipline
- Series 80102 – Alcoholic Beverages
- Series 80111 – Smoke Free or Tobacco Free Policies

Handbook of Operating Procedures

- Section 5-2420 – Policies and Procedures for Discipline and Dismissal and Grievances of Employees
- Section 8-1030 – Manufacture, Sale, Possession, Distribution, or Use of Alcohol and Illegal Drugs

Annual Security Report – Section 1 – Reporting Crime Statistics (includes report of alcohol and drug offenses)

Division of Housing and Food Service Policies

- Policy 9.09 – Discipline
- Policy 9.12 – Handling Drug Cases
- Policy 9.11b – Medical Emergencies (includes excessive alcohol consumption)
- 2014-2015 Residence Hall Manual
- UT Res Life Programming Model Fall 2014

2014-15 NCAA Division I Manual

- Article 10 – Ethical Conduct
- Article 11 – Conduct and Employment of Athletics Personnel
- Article 12 – Amateurism and Athletics Eligibility (Bylaw 12.7.3 – Drug-Testing Consent Form)
- Article 18 – Championships and Postseason Football (Bylaw 18.4.1.5 – Ineligibility for Use of Banned Drugs)
- Article 31 – Executive Regulations (Bylaw 31.2.3 – Ineligibility for Use of Banned Drugs)

Institutional Rules on Student Services and Activities, General Information Catalog, Chapter 11. Student Discipline and Conduct

34 Code of Federal Regulations (CFR) – Part 86 – Drug and Alcohol Abuse Prevention

- Federal Regulations
- Compliance Checklist

Educational, Informational and Related Materials

WEB-BASED MATERIAL	
Department/Entity	Title
University Health Services	Alcohol and Drug Programs and Services (Web pages) Brief Alcohol Screening and Intervention for College Students Healthyhorns Peer Educator Program Peer Educator Classes and Workshops Marijuana 101 Quitters Mobile Student Amnesty for Alcohol Emergencies Think About It
University Health Services	Healthyhorns Website: Health Topics Alcohol and Drugs Alcohol & Athletic Performance Alcohol & Drug Rules and Laws Alcohol & Study Abroad Alcohol Overdose – What Should You Do? Bacchus Maneuver Binge Drinking Blood Alcohol Concentration (BAC) College Drug Use Designated Drivers, E-Bus, & Taxicabs Do I Have a Problem with Alcohol or Drugs? Drunkorexia Hangover Self-Care Information Having Fun and Playing it Safe Hookah How to Help a Friend (Alcohol and Drug Concerns) Is UT A Party School? K2 – Synthetic Marijuana Know Your Line Marijuana Mixing Alcohol and Energy Drinks Online Alcohol, Tobacco, and Other Drug Resources Party Drugs and Predatory Drugs Prescription Drug Misuse Smoking, Tobacco, and Nicotine Smokeless Tobacco Steroids Study Drugs
Counseling and Mental Health Center	Alcohol and Drug Programs and Services (Web pages) The Alcohol and Drugs Counseling Program: Individual Marijuana Consultations The Alcohol and Drugs Counseling Program: Alcohol and Other Drug Initial Consultations Quitters Smoking Cessation Class
Counseling and Mental Health Center	CMHC Website: Health Topics Alcohol and Drugs I Need to Talk to Someone Now
Division of Housing and Food Service	Residence Hall Manual
Employee Assistance Program	Assessing Fitness for Duty Employee Assistance Program (EAP) Work/Life Balance Helping a Troubled Employee Recognizing Troubled Employees and Troubling Situations Responding to Individuals in Crisis Thinking About Your Drinking Workplace Threats
Center for Students in Recovery	Center for Students in Recovery website
Texas Union	Security Guidelines

Addiction Science Research and Education Center	Addiction Science Alcohol Facts ASREC home page Drug Facts Drugs Interfere with Neurotransmitters DSM-5 Exploding Drug Myths Internet Gaming Disorder Nerve Function and Drug Action: Simplified Neurotransmitter Role-Play Description Related Links Substance-Related and Addictive Disorders Understanding Addiction: Basic Science Information Useful Bibliography
Waggoner Center for Alcohol and Addiction Research	About the Center Attacking Alcoholism and Addiction News Faculty Opportunities for Students
Texas Athletics	2014-15 NCAA Division I Manual 2014-15 Student-Athlete Manual 2014-15 Big 12 Conference Handbook

PRINTED MATERIAL

Department/Entity	Title
University Health Services	Materials Created by UHS: "Alcohol Overdose / The Bacchus Maneuver" (card) "BASICS" (card) "Quitters" (card) "BAC Chart / Standard Drink" (card) "Misuse of Prescription Stimulants on Campus: Guide for RAs from University Health Services" Purchased Materials from Educational Companies: "Binge Drinking" "FAQ's Drugs" "If a Friend Drinks Too Much" "Marijuana" "Drinking and Sex" "Designated Driver: Get One, Be One" "Women and Drinking" "Prescription Drug Abuse"
Student Judicial Services	Alcohol & Other Drug Counseling and Educational Services Referral Form
Office of the Dean of Students – New Student Services	Campus Issues Resources Card (Freshman Summer Orientation)
Office of the Dean of Students – Student Activities	Event Planning Form Registered Student Organization Registration Form
Office of the Dean of Students – Sorority and Fraternity Life	Fraternal Information and Programming Group Risk Management Policy Sorority and Fraternity Information Guide University Panhellenic Council Bylaws Interfraternity Council Bylaws
Texas Athletics	2014-15 Student-Athlete Manual 2014-15 Big 12 Conference Handbook 2014-15 Student Resource Handbook

Procedures for Distributing Written Alcohol and Other Drug Information

The University of Texas at Austin publishes the Annual Security Report every October, which contains the Statement of Policy on Alcohol, Drugs, and Education Programs. The university distributes the report by first-class mail, electronic mail, or insertion in payroll envelopes, to each faculty and staff member and to each enrolled student. Compliance with all distribution requirements (to students and employees) continues to be on schedule. Information about the availability of these materials is provided to prospective students and job applicants and is sent to those persons upon request. This information is also available at the following website: www.utexas.edu/sites/default/files/files/2014-Annual-Security-Report-11-10-14.pdf

Institutional Rules on alcohol and drug policies are published in the General Information Bulletin. The information is also available at the following website: catalog.utexas.edu/general-information

Recommendations

UT Austin will continue to support alcohol and other drug programs across a wide spectrum, encompassing research, policies, regulations, prevention, intervention, treatment and recovery.



The University of Texas at Austin